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(54) HEALTHY BEVERAGE AND ITS PRODUCTION

(57) Abstract:

PURPOSE: To obtain a healthy beverage having an active oxygen-removing effect and useful for allergosis improvement, health promotion, beauty, etc., by mixing Aspalathus linearis tea with a dextrin aqueous solution, extracting the mixture with hot water, concentrating the extract with a membrane, and subsequently spray-drying the concentrated extract into powder.

CONSTITUTION: The needle tea of Aspalathus linearis is dried in the sun or in the shade, finely cut,

mixed with a dextrin aqueous solution, and subsequently extracted with hot water. The extract is filtered, concentrated with a membrane and a reverse osmosis membrane, thermally sterilized for 15min, and subsequently cooled. The solution is spray-dried, and the 40 mesh-pas of the dried product is collected to provide powder for the objective beverage, which contains a strong active oxygen-removing enzyme, has a large active oxygen-removing effect, contributes to the improvement of allergosis and promotion of health, is effective also for beauty, and can be utilized also for cosmetics, bath agents,

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